

Advanced Studies in Aquatic Therapy

Learning in the beautiful
Swiss mountains.
A place unlike any other.




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 **KLINIKEN VALENS**



CAS in Aquatic Therapy (SUPSI)
Aquatic Therapy: Module I–VI

Our Modules

Comprehensive Description of the Course

At the nineteenth edition of CAS in Aquatic Therapy, we are once again presenting the latest in aquatic therapy. Skillful aquatic therapy requires a proper clinical reasoning process: pattern recognition that leads to an intervention strategy with adequate tactics. Tactics include the specific concepts that are used in the pool. Pool practice focuses on patient treatment based on various evidence levels.

This is what the Swiss Association IATF offers their students in the course in Valens. Continuing a long tradition of Water-Specific Therapy (WST) and the Bad Ragaz Ring Method® (BRRM), additional concepts have been added in order to comply with treatment goals that can be derived from several national and European guidelines. The course is embedded in a European network and is recognized by the EU educational credit system (ECTS). The expertise of the invited lecturers is the basis for teaching the latest knowledge, and superb treatment methods are the foundation of every course.

Case-based scripts provide students with a comprehensive picture of current research that supports decision-making, clinical reasoning, problem-solving, and goal-setting in aquatic therapy. This intensive postgraduate aquatic therapy course (150 academic contact hours of 45 minutes) is the only course of its kind in the world. The basis is “learning by reasoning and doing” or “think, pair, share”: pool practice encompasses 103.2 hours. Preparatory and additional studying time takes about 20 hours. Five aquatic treatment concepts – based on established theoretical constructs – form the practical implementation of an evidence-based and competence-guided approach to therapy. Participants will work with a variety of patients during five hands-on sessions in the pool that are supervised by the lecturers.

Target Group

Health professionals (with aquatic therapy experience) and other professionals with extensive hands-on patient experience in aquatic therapy



Our Modules in Aquatic Therapy

Module I	Water-Specific Therapy
Date:	May 19–24, 2019
Fees:	CHF 1250.00
Module II	The Bad Ragaz Ring Method®
Date:	May 24–27, 2019
Fees:	CHF 1000.00
Module III	Aerobic Conditioning: AT-Fit
Date:	May 28, 2019
Fees:	CHF 250.00
Module IV	Clinical Ai Chi®
Date:	May 29–30, 2019
Fees:	CHF 500.00
Module V	Problem-Solving with Patients
Date:	May 31, 2019
Fees:	CHF 250.00
Note:	Only for participants who have participated in modules I, II and IV
Module VI	Aqua-T-Relax
Date:	May 30 (afternoon) and June 1, 2019
Fees:	CHF 250.00

Detailed

Information

Course Instructors

Mr. Johan Lambeck, lambeck@freeler.nl
Mr. Urs Gamper, urs.gamper@kliniken-valens.ch
and other guest lecturers

Course Length

12 ½ days

Dates

May 19 to June 1, 2019

Location

Rehabilitationszentrum Valens,
Switzerland

Tuition Fee

CHF 3150.00 – for the entire package including additional costs for the examinations, websites or E-learning modules

CHF 4150.00 – for a CAS with ECTS